

# **CARDIAC IMAGING REQUEST**

☐ CT CALCIUM SCORE (FEE APPLIES)



Scan QR code to request an appointment

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PATIENT DETAILS	REFERRING PRACTITIONER					
Name:						
Address:						
Date of Birth:						
Phone:						
Medicare Card:	Ph:		Fax:			
Concession Card:	DOCTOR'S SIGNATURE					
	Date PHONE REPORT					
	Order more referral pads FAX REPORT			RT		
. SPECIALIST REFERRED CTCA:						
MBS Item No 57360	MBS Item No 57364					
☐ Patient not known to have coronary artery disease who has stable or acute symptoms consistent with with coronary ischaemia and is at low to intermediate risk of an acute coronary event.	☐ Stable symptoms and newly recognised left ventricular systolic dysfunction of unknown aetiology or					
☐ Patient meets the criteria for selective coronary angiography under MBS.	☐ Will be undergoing.					
CT Coronary angiography will be performed as an alternative assessment.	<ul><li>□ Will be undergoing non-coronary cardiac surgery or</li><li>□ Requires exclusion of coronary artery anomoly or fistula</li></ul>					
. NON MEDICARE ELIGIBLE / GP REFERRED CTCA	Precautions					
(FEE APPLIES)	☐ Contrast Allergy ☐ Dia		betes 🗆 Asthma			
	☐ Impaired Renal Function	☐ Pacemo		☐ Contraindication to Beta Blocker		
CTCA Test Preparation Only		LI Affidi Fi	nonalina			
1. PRE-MEDICATION REGIMEN – AIM: HR ≤ 60 bpm	Cardiovascular History					
Metoprolol 50 mg night before and 8am morning of CTA	(Please attach any cardiac operation/angiogram/graft/stent reports  ☐ Previous coronary bypass grafts/stents					
prescribed by referrer  OR	□ Previous Coronary bypass grafts/ stems □ Previous MI/history of CAD					
<ul> <li>Chronic beta blocker / calcium channel therapy to heart rate ≤ 60 bpm</li> </ul>	History:					
OTHER PREPARATION (patient tick when completed)	nistory:					
☐ Take ALL normal morning medications except metformin ☐ No food for 3 hours if possible prior to CTCA						
(Note: Drink water on the day to keep hydrated)  ☐ No caffeine / coffee / tea / energy drinks for 24 hours prior to CTCA						
□ No Cialis, Viagra, Levitra, or similar for 36 hours prior to CTCA	Allergies: RECENT Cr/eGFR:					
. OTHER CARDIAC / NON-CARDIAC CT						
□ TAVI protocol						
CT Thoracis angiogram (dissection, anguryem etc.)						

Harbour Radiology archives images electronically and provides access to images using IntelePACS. Harbour Radiology invites you to consider the environment and opt-out of hard films.



## **Coronary CT Angiogram Patient Information**

Radiologists:

Dr Vahid Afaghi Dr Nick Masoudi Dr Adam Seruga Dr Duy Nguyen Dr Alan O'Grady Dr Wasantha Dassanayake Dr Shivany Gnaneswaran Dr Benson Cheung

## CTCA Test preparation - please follow instructions in box on other side of this page

### Why Am I Being Referred For a CTCA?

Referring for CTCA, or computed tomography coronary angiography, is often done to further evaluate patients with suspected or known coronary artery disease (CAD). CTCA is a non-invasive imaging technique that uses computed tomography to visualize the coronary arteries. It provides detailed images of the coronary arteries and can detect blockages or narrowing of these vessels.

#### **How To Prepare For CTCA Scan?**

- Fast (avoid heavy meals) 4 hours prior to the exam, can keep taking your usual medication.
- · Arrive 1 hour prior to appointment.

Signature:

- · Notify our staff of any allergies (particularly previous contrast allergy)
- No caffeine (coffee) 24 hours prior to scan.
- No exercise on the day of the scan and no smoking 4 hours prior.
- Do not use Viagra or similar medications 36 hours prior.
- Drink 3 4 glasses of water prior to the study.
- If you are a diabetic on any oral medication containing Metformin, or if you have kidney disease, bring a copy of recent kidney function test.
- If possible, have someone accompany you. You may feel dizzy or lightheaded after the scan and may not be able to drive for 1-3 hours.

#### **What Happens During a CTCA?**

- Upon check in, our staff will ask you to fill out a form. This is to gather your background medical history and to ensure you can safely undergo a CTCA.
- You will be taken into a room where one of our radiographers will check your heart
  rate using an ECG. This will then be reviewed by one of our Radiologist to ensure
  your heart rate is within desired parameters. If your heart rate is above 60 beats per
  minute, you may be given an oral beta-blocker medication to lower it. Our staff will
  monitor your heart rate until it has lowered to an adequate level.
- You will be taken to the CT room. Before commencement of your scan, nitroglycerine will be sprayed in your mouth to dilate your coronary arteries.
- You will be asked to lay down on the CT bed. A cannula will be inserted into a vein
  of your arm and used to inject some iodine contrast agent.
- The scan will then start. Multiple images of your coronary arteries will be taken, and
  you will be asked to hold your breath for 10–12 seconds each time a new image
  is recorded (as breathing might reduce image quality). You can expect this to last
  between 20–30 minutes.

#### **How Long Does a CTCA Take?**

Witness:

On average, you can expect to be with us for 1-2 hours when coming for a CTCA. This includes the necessary time to monitor your heart rate pre-CT, as well as scanning and post-CT monitoring. However, please note that in some cases you could be with us for a longer period, particularly if you needed to take medications to slow your heart rate.

### CONSENT: Please bring this form with you and sign below if you consent to this test.

Date:

understand the above and give my consent to undergo CT scanning including assessment of th
Coronary Arteries (CTCA). I also consent to the collection and anonymised use of personal information (eg height and weight) for the purposes of quality assuranc
and academic publication.

#### AVAILABLE IN THE FOLLOWING LOCATIONS

PACCIFIC HOLLING SAMPLE SAMPLE STATE OF THE PACCIFIC HOLLING SAMPLE SAMP	FREE PARKING FOR PATIENTS Entry on Harnelt Street via McLaren Street	PRE STATION P	IGS V	FREE PARKING FOR PATIENTS Entry on Bridge Street Press Buzzer	P	OELH SO	FREE PARKING FOR PATIENTS 2 hours free in Lachlan's Square Village Entry via Halifax Street
NORTH SYDNEY  138 Walker Street – Belvedere Building North Sydney 2060  Practice:   3	Phone: 02 9188 5280 Fax: 02 9188 5281	PYMBLE 964 Pacific Highway (Corner Bridge St (Next to Pymble Bunnings), Pymble 207 Practice: (3 (3 (4 (4 (4 (4 (4 (4 (4 (4 (4 (4 (4 (4 (4	r) 73	Phone: 02 9127 7111 Fax: 02 9188 4224	MACQUARIE PARK LACHLAN'S SQUARE VILLAGE Suite 3, Level 1, 17 Halifax Street. Macquarie Park NSW 2113 Practice: 3 6		Phone: 02 9188 0537 Fax: 02 9188 0986
The Cancey Mail	FREE PARKING FOR PATIENTS 1/2 Hr Street Parking 2 Hrs Little Street 3 Hrs Little Street Basement Parking	AUDI COMINE	P	FREE PARKING FOR PATIENTS Entry in Belmont Road Basement Parking Press 116	CASAMA VILADE SINCEPPING CRITER SINCEPPING CRITE		FREE PARKING FOR PATIENTS Entry via Mount Carmel Drive
LANE COVE 98 Longueville Road, Lane Cove NSW 2066 Practice: 3 3 2 5 5	Phone: 02 8014 9890 Fax: 02 8014 9270	MOSMAN 116 Belmont Road (Corner Military Rd) Mosman 2088 Practice:		BOXHILL Carmel Village Shopping Centre, Shoplevel 1 (rooftop), Corner of Windsor R Mount Carmel Drive, Box Hill NSW 2 Practice: 3 6 0 0 0 0 0	Road & 765	Phone: 02 9129 9444 Fax: 02 9129 1444	
KELLYVILLE Shop C.5.3 Woolworths Kellyville Grove Shopping Centre 2 Hector Court Kellyville NSW 2155	FREE PARKING FOR PATIENTS Entry via Severn Vale Drive  Phone: 02 9030 3361 Fox: 02 8069 7913	PRACTICE  X X-RAY  CT SCAN CARDIAC CT MRI	MAMMOGRAPHY OPG LATERAL CEPHALOMETRY CONE BEAM CT		<ul> <li>NUCHAL TRANSLUCENCY</li> <li>ULTRASOUND INCLUDING DOPPLER</li> <li>BONE DENSITOMETRY/DEXA</li> <li>EOS IMAGING</li> </ul>		
Practice:							